

# Future of the MitraClip After the COAPT Trial

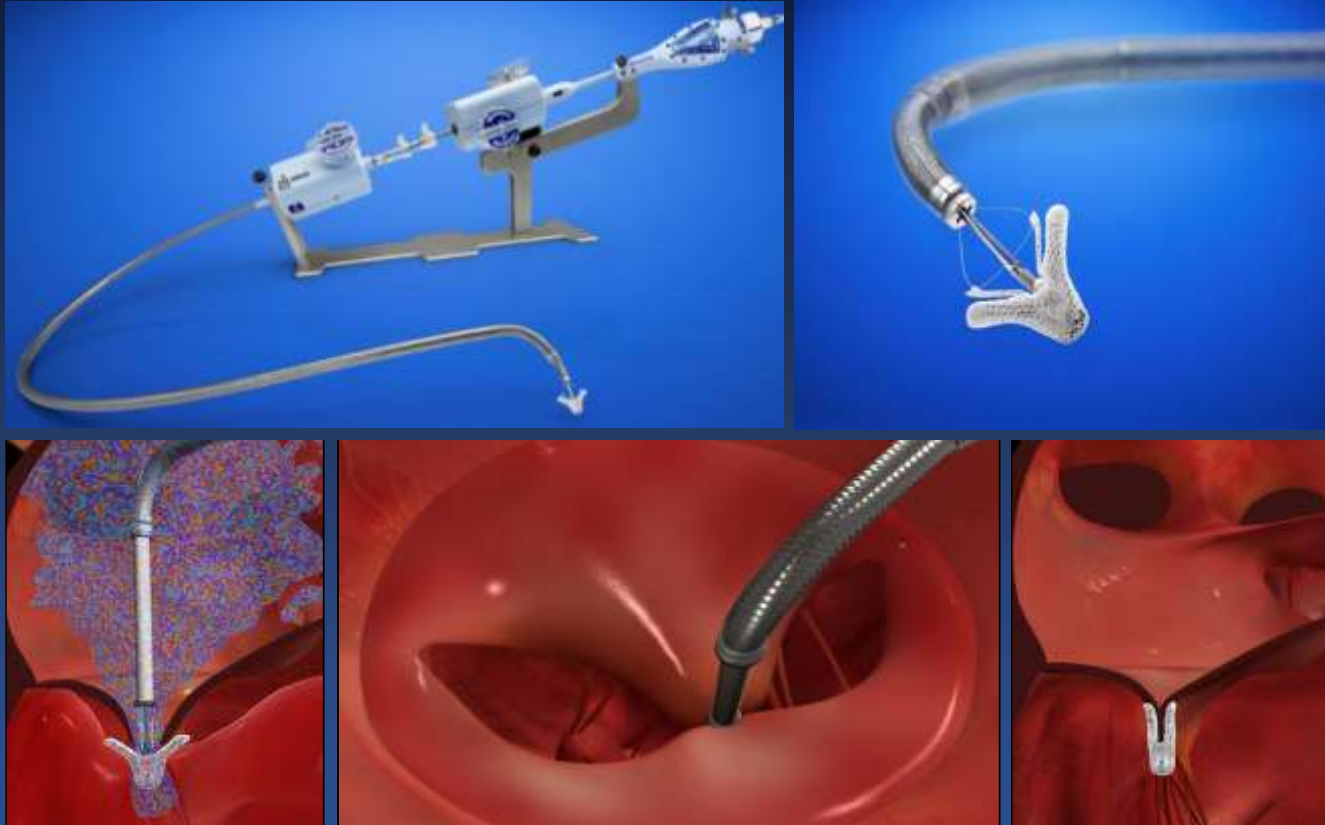
*Gregg W. Stone, MD*

The Zena and Michael A. Wiener Cardiovascular Institute,  
Icahn School of Medicine at Mount Sinai, NY  
and the Cardiovascular Research Foundation

# Relevant Disclosures

Consulting fees from Neovasc, Valfix, Gore  
Equity/options/consulting fees from Ancora

# MitraClip System and Implant



# EVEREST II Randomized Clinical Trial

279 patients enrolled at 37 sites

Severe MR (3+ or 4+)

73% DMR, 27% FMR

Specific anatomical criteria

↓  
Randomize 2:1

Device Group

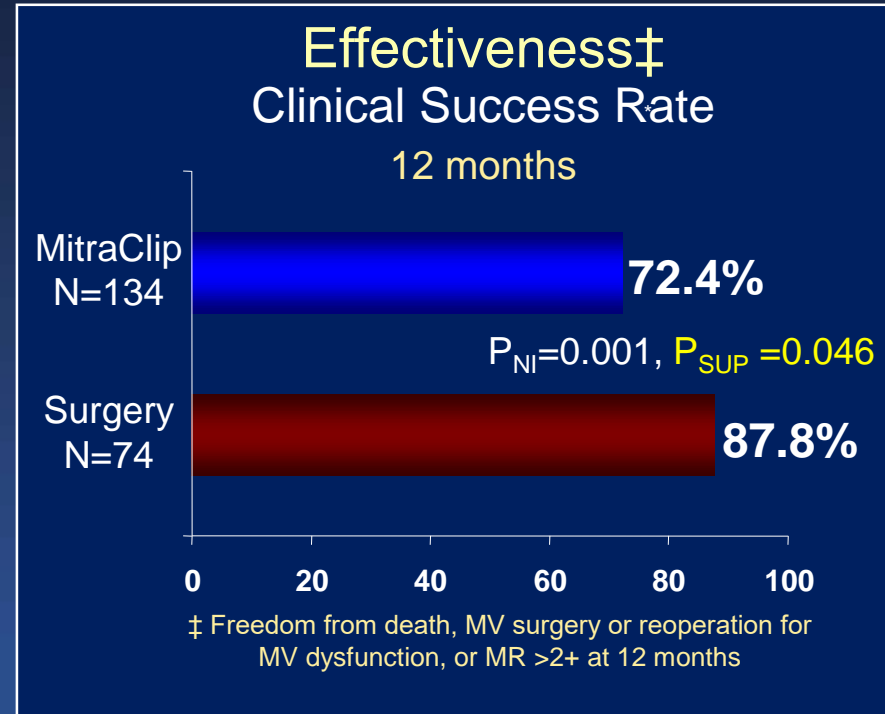
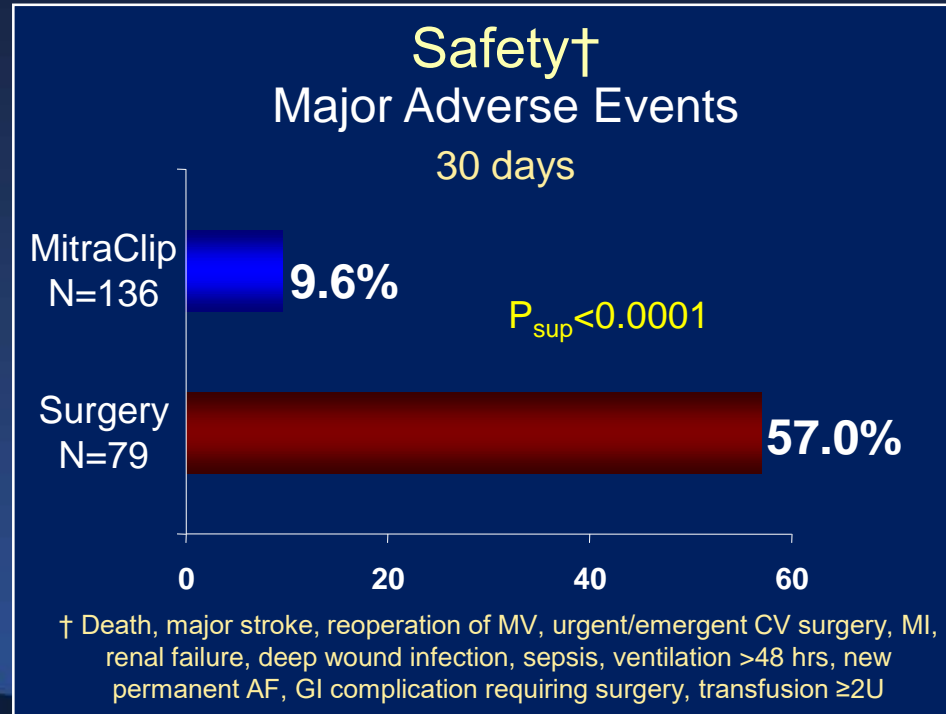
MitraClip system  
N=184

Control Group

Surgical repair or replacement  
N=95

↓ ↓  
Echocardiography core lab and clinical follow-up  
Baseline, 30 days, 6 months, 1 year, 18 months,  
and annually through 5 years

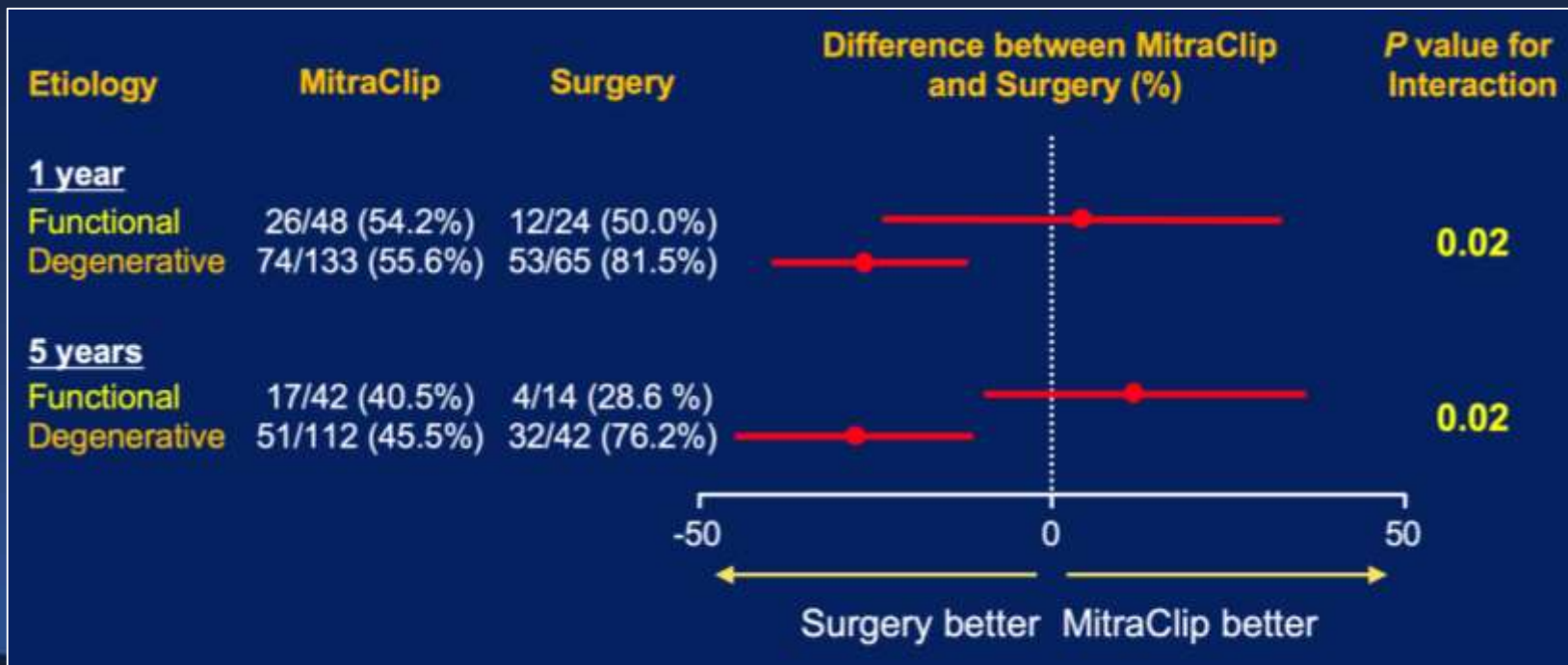
# EVEREST II: 279 pts with 3+/4+ MR randomized 2:1 to MitraClip vs. Surgical Repair Primary Endpoints (per protocol cohort)



# EVEREST II: Primary EP at 1 and 5 Years

## - DMR (73%) vs. FMR (27%) -

(Freedom from Death, MV Surgery, or 3+ or 4+ MR): ITT



# Primary (Degenerative) MR



**Surgical MV repair  
is the standard of care!**

Mis-aligned and thickened leaflets allows backflow of blood into the left atrium

Surgical leaflet repair:  
Excellent outcomes  
at centers of excellence

Pts are typically referred for surgery when MR reaches 3-4+, left ventricular size has increased, functional status has become impaired, and the surgical risk is acceptable

# FDA MitraClip Approval

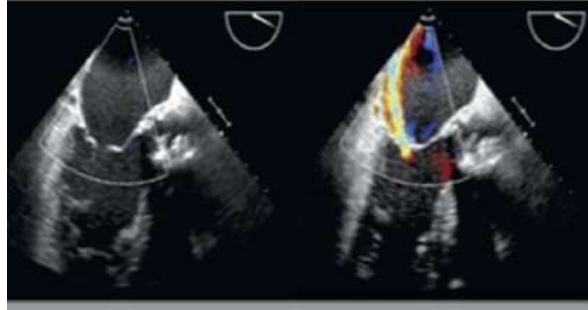
October 24<sup>th</sup>, 2013

The MitraClip is approved for treatment of patients with 3+-4+ primary (degenerative) MR who are at “prohibitive risk” for mitral valve surgery and are likely to benefit from MR reduction

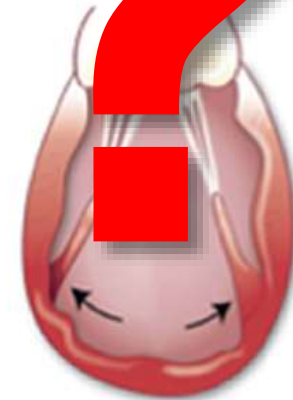
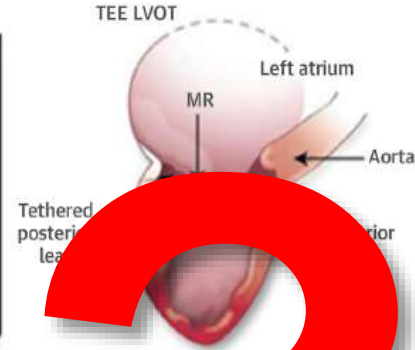
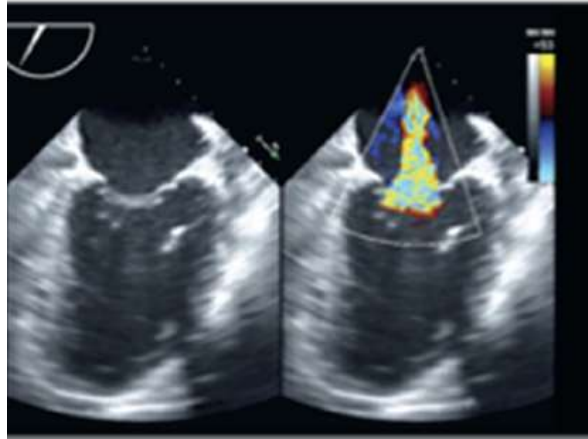


# Secondary (Functional) MR: **The disease is the LV!**

Ischemic  
cardiomyopathy



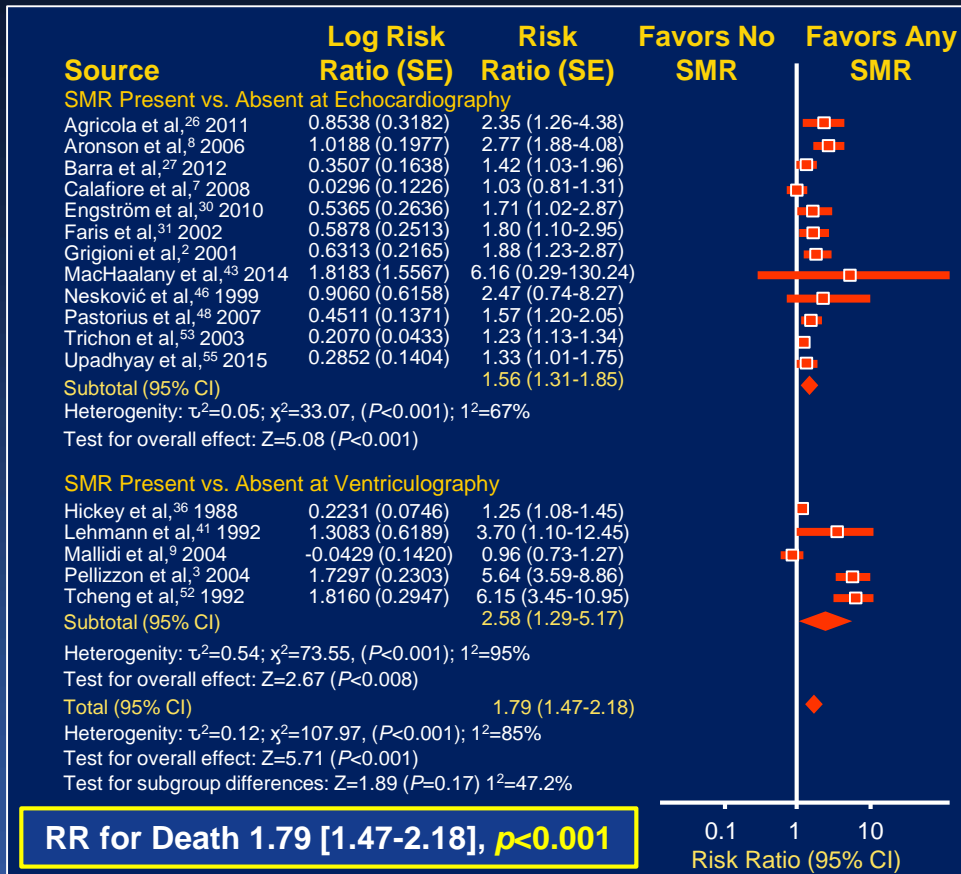
Idiopathic  
dilated  
cardiomyopathy



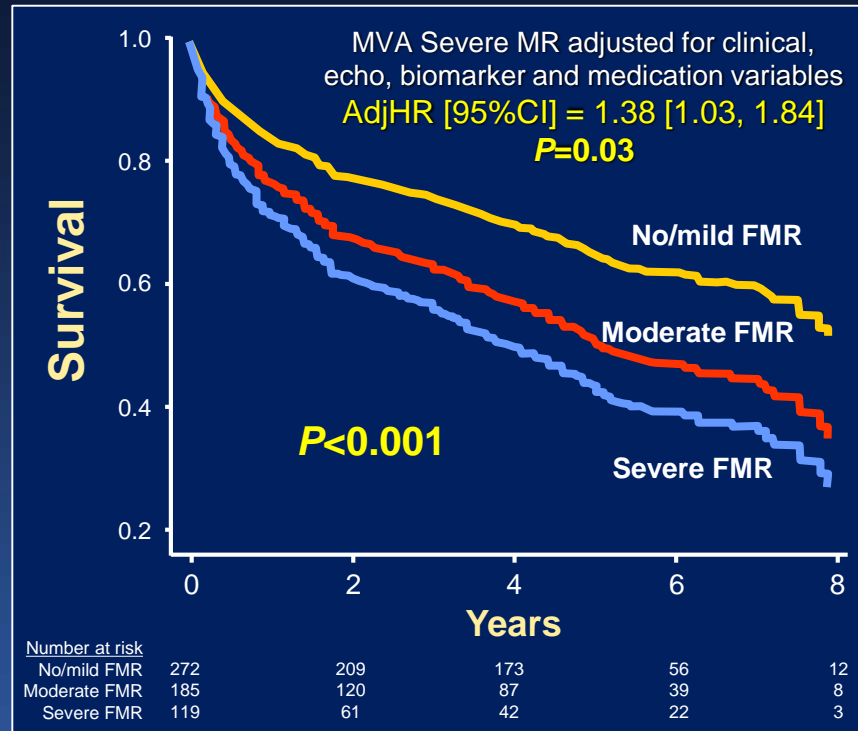
# Natural History of Functional MR

Meta-analysis, 17 studies, 26,359 pts

Prospective study of 576 pts with HFrEF;  
severe FMR in 21%, mod FMR in 32%



**RR for Death 1.79 [1.47-2.18],  $p<0.001$**



Sannino A et al. *JAMA Cardiol.* 2017;2:1130-9  
Goliasch G et al. *EHJ* 2018;39:39-46

# The MITRA-FR Trial

304 pts with SMR due to LV dysfunction with LVEF 15-40%, NYHA II-IVa, hospitalization for HF within the previous 12 mos, not eligible for mitral surgery

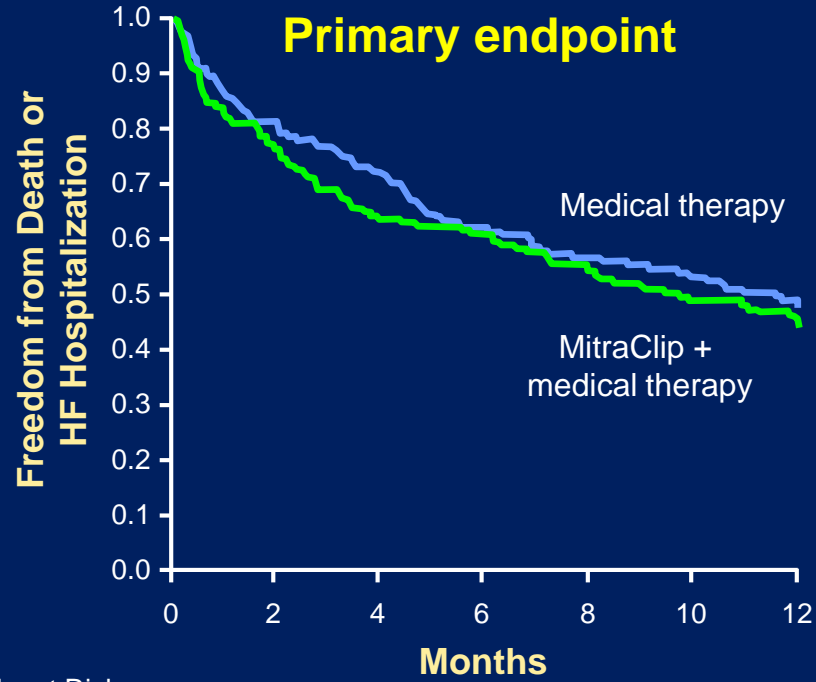
MR defined by EU “severe” criteria as EROA >20 mm<sup>2</sup> or RVol >30 mL/beat

Both groups with “real-world” HF meds (not maximally-tolerated GDMT)



**Primary endpoint:** Freedom from death or HF hospitalizations through 12 months

# MITRA-FR: 12-Month Outcomes



No. at Risk:

Control Group	152	123	109	94	86	80	73
Intervention Group	151	114	95	91	81	73	67

	MitraClip + MT	MT alone	OR [95% CI] or HR [95% CI]*	P value
<b>1° EP:</b>				
Death or HF hosp	54.6%	51.3%	1.16 [0.73–1.84]	0.53
Death	24.3%	22.4%	1.11 [0.69–1.77]*	0.65
CV death	21.7%	20.4%	1.09 [0.67–1.78]*	0.74
HF hosp	48.7%	47.4%	1.13 [0.81–1.56]*	0.59
MACE*	56.6%	51.3%	1.22 [0.89–1.66]*	–

\* MACE = Death, MI, CVA, HF hosp

# The COAPT Trial

## Cardiovascular Outcomes Assessment of the MitraClip Percutaneous Therapy for Heart Failure Patients with Functional Mitral Regurgitation

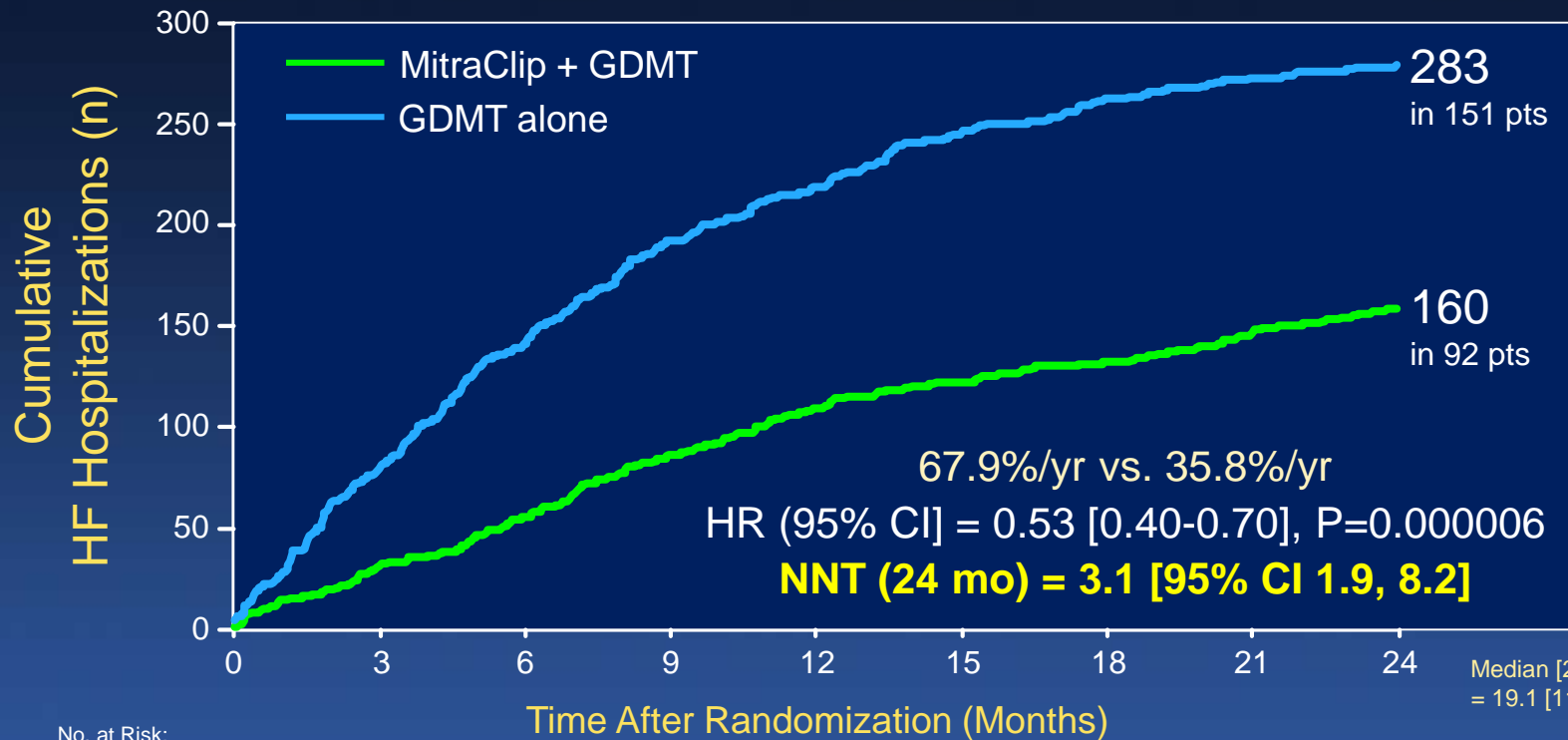
A parallel-controlled, open-label, multicenter trial in 614 patients with heart failure and moderate-to-severe (3+) or severe (4+) secondary MR who remained symptomatic despite maximally-tolerated GDMT



\*Stratified by cardiomyopathy etiology (ischemic vs. non-ischemic) and site

# Primary Effectiveness Endpoint

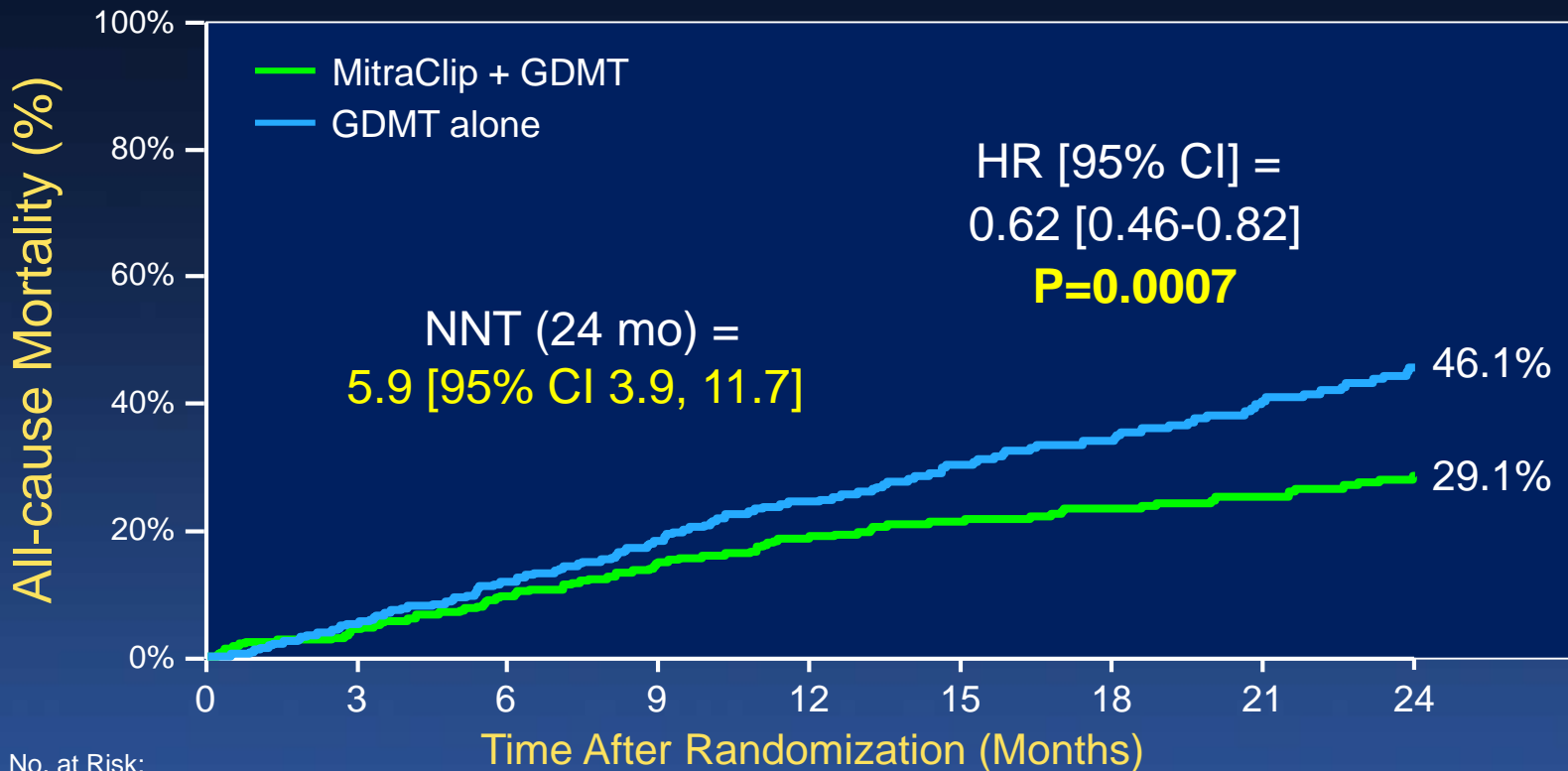
## All Hospitalizations for HF within 24 months



No. at Risk:

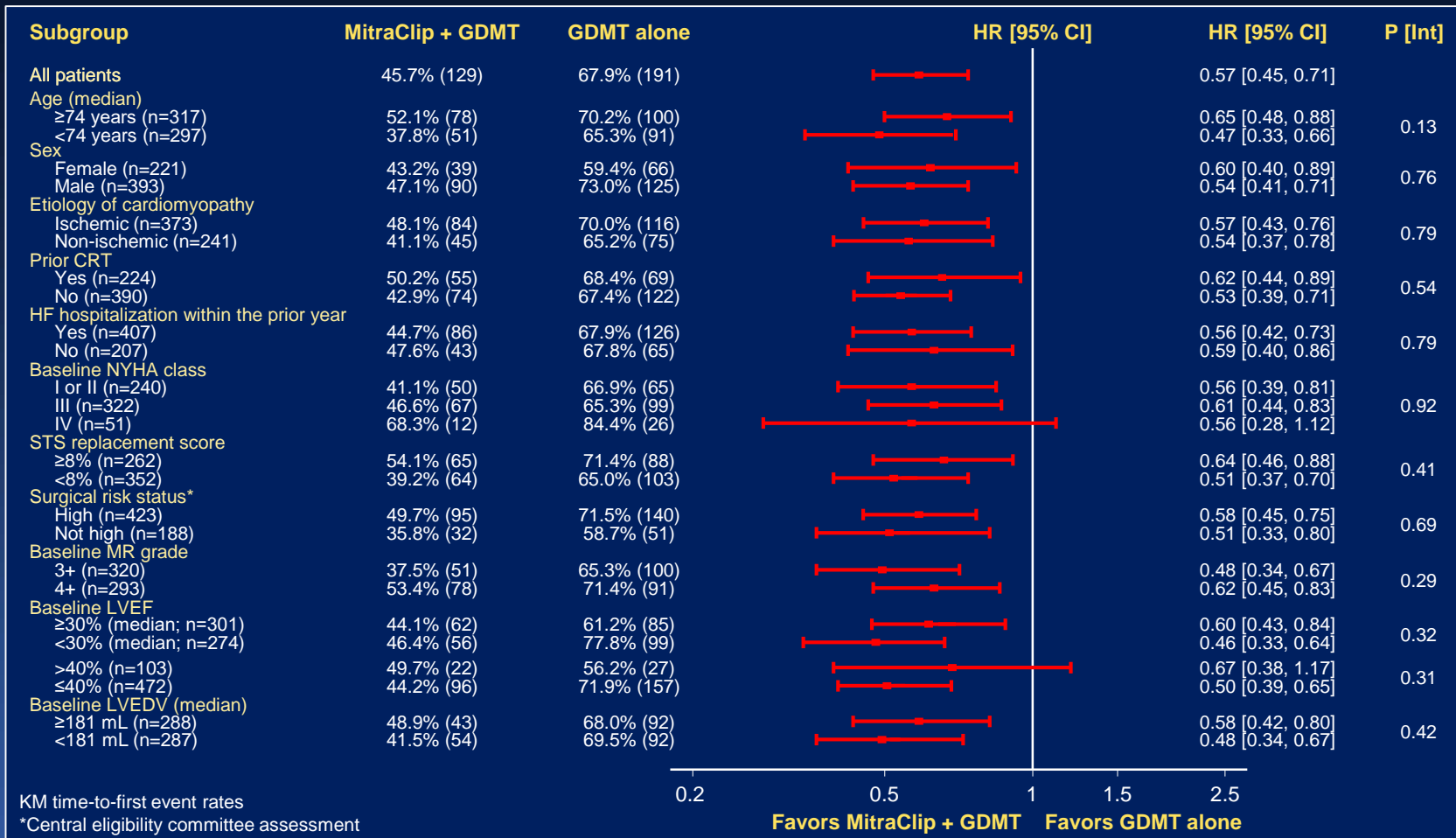
	0	3	6	9	12	15	18	21	24
MitraClip	302	286	269	253	236	191	178	161	124
GDMT	312	294	271	245	219	176	145	121	88

# All-cause Mortality



No. at Risk:		0	3	6	9	12	15	18	21	24
MitraClip + GDMT	302	286	269	253	236	191	178	161	124	
GDMT alone	312	294	271	245	219	176	145	121	88	

# 24-Month Death or HF Hospitalization



KM time-to-first event rates

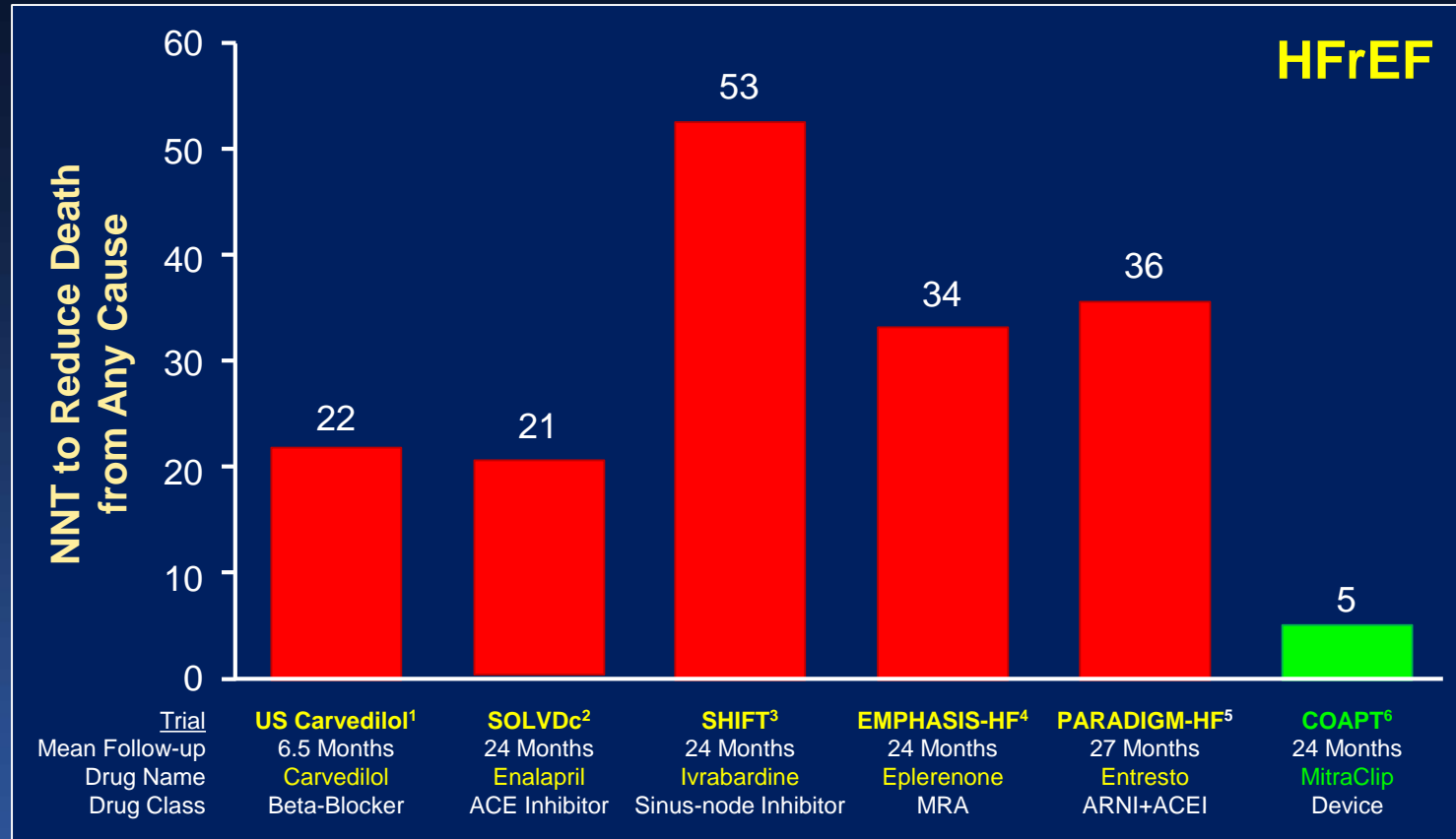
\*Central eligibility committee assessment

0.2                      0.5                      1                      1.5                      2.5

Favors MitraClip + GDMT      Favors GDMT alone



# Number Needed to Treat (NNT) to Prevent 1 Death



1. Packer M et al. NEJM 1996;334:1349-1355; 2. SOLVD Investigators. NEJM 1991;325:293-302; 3. Swedberg K et al. Lancet 2010;376:1988; 4. Zannad F et al. NEJM 2011;364:11-21; 5. McMurray JJV et al. NEJM 2014;371:993-1004; 6. Stone GW et al. NEJM 2018;379:2307-18.

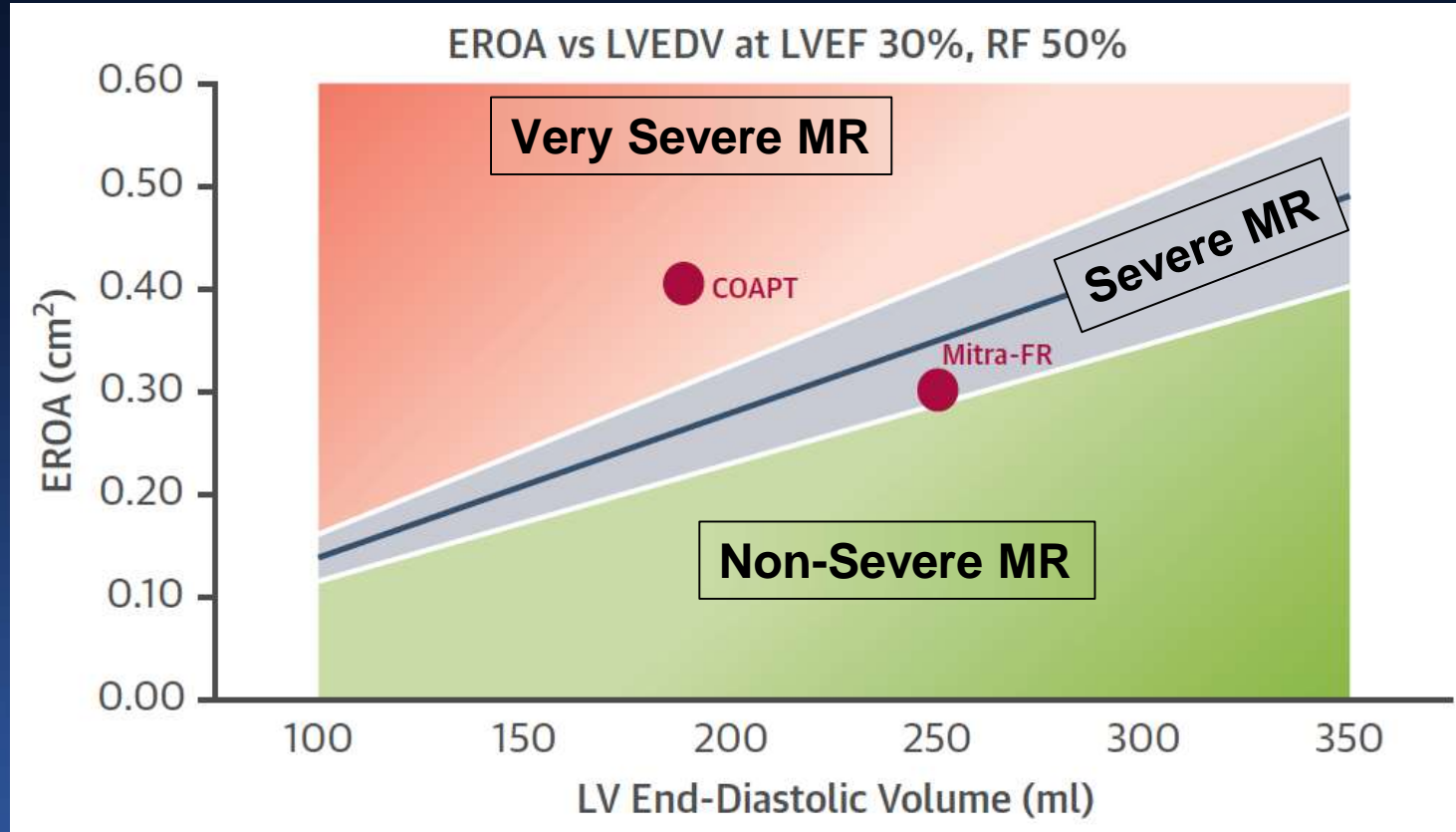
# Why are the COAPT Results so Different from MITRA-FR?

## Possible Reasons

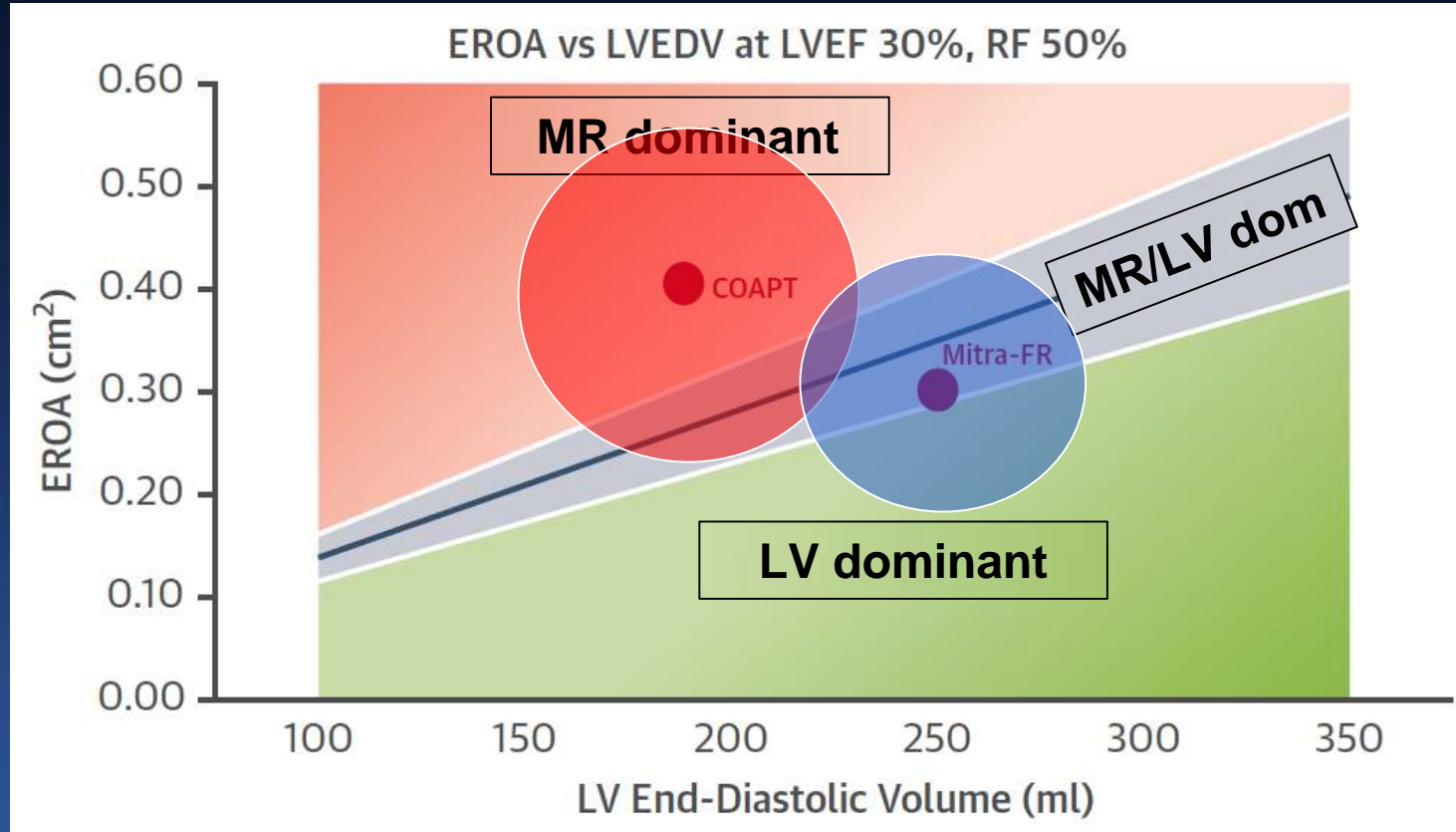
	MITRA-FR (n=304)	COAPT (n=614)
Severe MR entry criteria	Severe FMR by EU guidelines: EROA >20 mm <sup>2</sup> or RV >30 mL/beat	Severe FMR by US guidelines: EROA >30 mm <sup>2</sup> or RV >45 mL/beat or PSVFR or other
EROA (mean ± SD)	31 ± 10 mm <sup>2</sup>	41 ± 15 mm <sup>2</sup>
LVEDV (mean ± SD)	135 ± 35 mL/m <sup>2</sup>	101 ± 34 mL/m <sup>2</sup>

\*MITRA-FR defn: device implant failure, transf or vasc compl req surg, ASD, card shock, cardiac embolism/stroke, tamponade, urg card surg

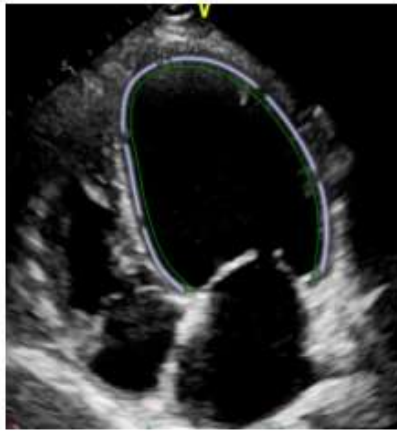
# Proportionate vs. Disproportionate MR



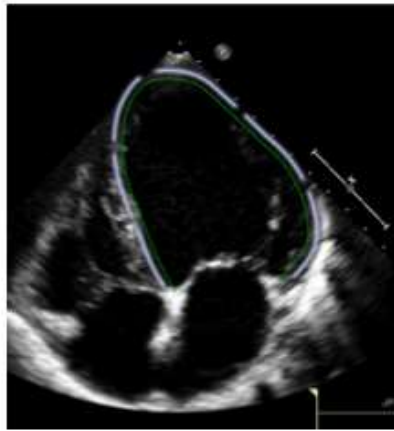
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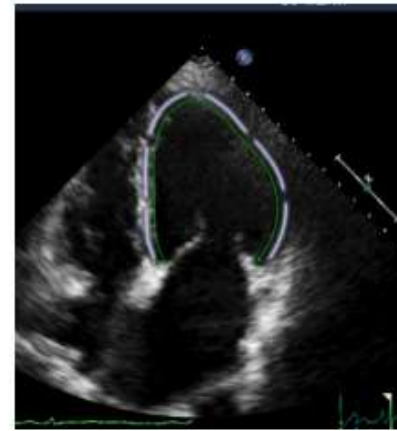
# 3 Patients with EROA of 30 mm<sup>2</sup>



LVEF 22%  
LVEDV 310 mL  
GLS -6.8%



LVEF 36%  
LVEDV 197 mL  
GLS -8.4%



LVEF 60%  
LVEDV 140 mL  
GLS -20.3%

**LVAD,  
transplant,  
hospice**

Spectrum of LV dysfunction

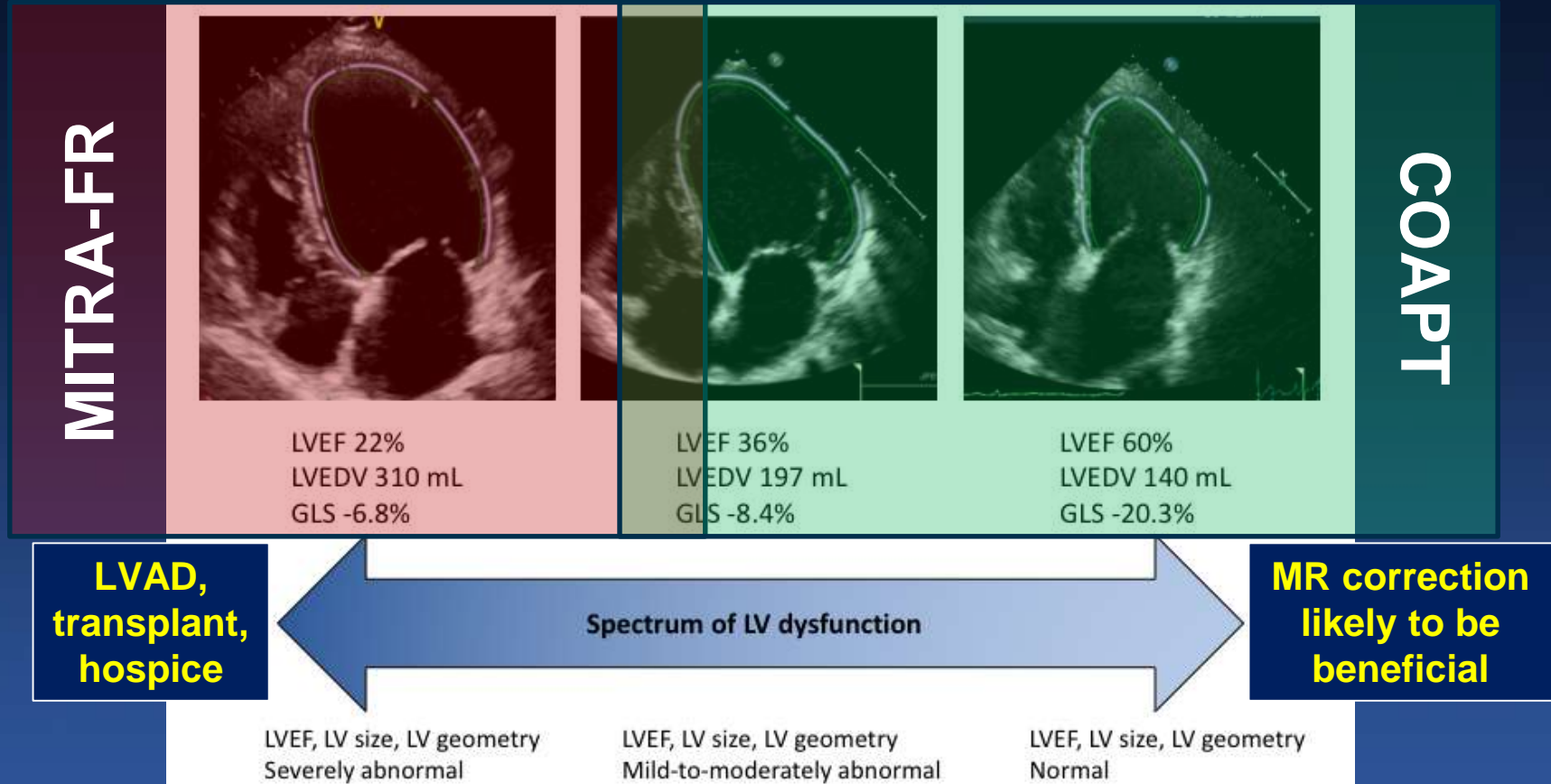
**MR correction  
likely to be  
beneficial**

LVEF, LV size, LV geometry  
Severely abnormal

LVEF, LV size, LV geometry  
Mild-to-moderately abnormal

LVEF, LV size, LV geometry  
Normal

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GDMT at baseline and FU	Receiving HF meds at baseline – allowed variable adjustment in each group during follow-up per “real-world” practice	CEC confirmed pts were failing maximally-tolerated GDMT at baseline – few major changes during follow-up

\*MITRA-FR defn: device implant failure, transf or vasc compl req surg, ASD, card shock, cardiac embolism/stroke, tamponade, urg card surg

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Acute results: No clip / ≥3+ MR	9% / 9%	5% / 5%
Procedural complications*	14.6%	8.5%
12-mo MitraClip MR ≤2+ / ≥3+	83% / 17%	95% / 5%

\*MITRA-FR defn: device implant failure, transf or vasc compl req surg, ASD, card shock, cardiac embolism/stroke, tamponade, urg card surg



# March 14<sup>th</sup>, 2019

FDA approves  
MitraClip for  
treatment of select  
patients with  
severe secondary  
MR who remain  
symptomatic  
despite GDMT

**Label:** The MitraClip™ NTR/XTR Clip Delivery System, when used with maximally tolerated guideline-directed medical therapy (GDMT), is indicated for the treatment of symptomatic, moderate-to-severe or severe secondary (or functional) mitral regurgitation (MR; MR ≥ Grade III per American Society of Echocardiography criteria) in patients with a left ventricular ejection fraction (LVEF) ≥ 20% and ≤ 50%, and a left ventricular end systolic dimension (LVESD) ≤ 70 mm whose symptoms and MR severity persist despite maximally tolerated GDMT as determined by a multidisciplinary heart team experienced in the evaluation and treatment of heart failure and mitral valve disease.

# Implications of the COAPT Trial

- COAPT and MITRA-FR provide complementary guidance for pt selection, demonstrating which pts with HF and secondary MR are likely and unlikely to benefit from MR reduction
- The FDA has approved the MitraClip for pts with HF and secondary MR meeting COAPT criteria; strict reliance to these criteria should allow duplication of the COAPT results in the “real world” (and avoid over-treatment)
- Ongoing and future trials investigating surgical and transcatheter MV repair and replacement techniques and devices in HF pts with secondary MR who meet COAPT criteria must include the MitraClip as an active control arm